# Robert J. Ackerman, Ph.D. Introduces "Opioid Addiction and the Family: Using a Strength Based Model for Treatment and Recovery"



Monday, October 3, 2016

The Lodge at Sharp Mountain

(formally The Pottsville Club)

201 S. 26th Street, Pottsville, PA 17901

Proudly Presented by: Clinical Outcomes Group, Inc.

### **About Our Presenter**



Dr. Robert J. Ackerman is Professor Emeritus from Indiana University of Pennsylvania and the previous Director of the Mid-Atlantic Addiction Research and Training Institute. He is co-founder of the National Association for Children of Alcoholics. He is the previous Editor of Counselor: The Magazine for Addiction and Behavioral Health Professionals and currently is the Chair of the Advisory Board.

As an author he has published numerous articles and research findings and is best known for writing the first book in the United States on children of alcoholics. Twelve books later, many television appearances, and countless speaking engagements he has become internationally known for his work with families and children of all ages. His books have been translated into thirteen languages.

He has served on many advisory boards and has worked with the National Institute of Mental Health, National Institute on Alcoholism and Alcohol Abuse, and the U.S. Department of Education. He served on the White House Task Force on Resiliency and At-Risk-Youth.

He is the recipient of many awards including the Distinguished Alumni Awards from Western Michigan University, the University of Northern Colorado, and Louisiana State University, the 2006 Special Recognition Award from the U.S. Journal of Alcohol & Drug Dependence, the 2008 Father Martin Appreciation Award and the 2014 Professor of the Year from the University of South Carolina, Beaufort. He is a veteran of numerous TV appearances and his work has been featured on CNN Headline News, the New York Times, the Today Show, USA Today newspaper, Newsweek Magazine, Oprah, National Public Radio and other social media.

## **About Our Training**

# Opioid Addiction and the Family: Using a Strength-Based Model for Treatment & Recovery

#### **Synopsis:**

Living with an addicted person is not a spectator sport. To one extent or another addiction affects the entire family, regardless of whether it is a parent or adolescent family member who is addicted. Using a systems perspective and a strength-based model, this workshop will focus on the impact of addiction on the family, strategies for individual and family intervention, and suggestions to facilitate family transitions and recovery. Additional topics will include, using family rituals to facilitate change, helping family members to utilize emotional, social, and moral intelligences to encourage recovery, developing a family continuing care plan, and an appreciation for gender differences in the addiction process and in recovery.

#### **Objectives:**

- \*to analyze the role of neuro-science in the opioid addiction process
- \*to identify a family systems model and how it applies to addiction in the family
- \*to analyze the reasons for why addicted families are not all the same
- \*to apply techniques for change in the addicted family at the individual and family levels using resilience and a strength-based model
- \*to identify intervention strategies with an opioid dependent family member
- \*to design a continuing care plan for families impacted by opioid addiction



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#### Directions to The Lodge at Sharp Mountain

<u>From North West:</u> 1-81 South, PA-901 east, 209 South/Market Street, Right on 23rd Street, Right onto 2nd cross street (Mahantongo Street), Slight Right onto 26th Street.

<u>From North East:</u> PA-61 South/ Joseph H. Long Blvd., Right onto East Arch Street, Left onto North Centre Street, Right onto West Market Street, Left onto North 12th Street, Right onto 2nd cross street (Mahantongo Street), Slight Right onto 26th Street.

<u>From South West:</u> 1-81 North, PA-125 North, US-209 North, Right onto 23rd Street, Right onto 2nd cross street (Mahantongo Street), Slight Right onto 26th Street.

<u>From South East:</u> From I-78 PA-183 North, PA-901 North/North Sillyman Street, Right onto West Market Street, Right onto 23rd Street, Right onto 2nd cross street (Mahantongo Street), Slight Right onto 26th Street.

<u>Participants staying at the hotel the nigh before should use the "From North East" directions listed above.</u>

# Tentative Agenda

8:00AM	Registration Continental Breakfast & Exhibitor Visitation
9:00AM	Welcome
9:05AM	Introduction of Our Presenter
9:15AM	The Emergence of Contemporary Opiate Use in America
9:45AM	Neuro-Science and Addiction
10:45AM	Break and Exhibitor Visitation
11:00AM	Impact On The Family
12:00PM	Lunch and Exhibitor Visitation
1:00PM	Intervention Strategies
2:45PM	Break and Exhibitor Visitation
3:00PM	Developing a Continuing Care Plan
4:15PM	Question & Answer with Dr. Ackerman

Program Evaluation & Closing Remarks

4:45PM

#### **OVERNIGHT ACCOMODATIONS**

Hotel: Holiday Inn Express 958 Schuylkill Mall, Frackville, PA 17931

Reservations: 570-874-1700 or 1-855-914-1384 www.hiexpress.com

Block Name: **COGI** 

Rooms are Available under this block for both Sunday 10/02/16 and Monday 10/03/16.

Block Rooms MUST be reserved by 09/19/16.

#### **GUEST ROOM RATES – CONFIRMED RATES**

The Hotel is pleased to confirm the following special 2016 rates for COGI. Based on **Double** occupancy. King Bed walk in shower \$119.00 per night plus 6% sales tax 3% county hotel occupancy tax. Hotel regular week rates are \$159.00 - \$199.00 plus tax

Each room is equipped with a 37 inch flat screen TV/HDTV (Direct TV), refrigerator, microwave, iron, ironing board, Keurig coffeemaker, hairdryer and Complimentary High speed Wi-Fi Internet access. Your guests will also receive our Complimentary Hot Breakfast Buffet which always includes hot and cold cereal, freshly made pancakes, Turkey sausage, breads, cinnamon buns, pastries, juice & coffee. The hot selections are based on the menu of the day which *may* include, cheese or western omelettes, scrambled eggs, sausage, ham or bacon.

#### **HOTEL POLICIES** Check in time: 3:00 p.m. Check out time: 11:00 a.m.

We are 100% Tobacco and Pet Free. Failure to comply by smoking in a room or bringing an animal inside the property will result in a \$250.00 fee which will be charged to your credit card and you will be asked to leave the hotel. Due to guests with allergies we take this policy VERY seriously.

We realize your guests will be in a party mood and we want them to enjoy their stay. However, other guests will be sharing the hotel and we must be fair to all. Any noise heard after 11PM we will ask the violators to quite down. If noise persists we may call law enforcement or insist the noise makers leave the property.

We ask that motorcycle groups do not block the sidewalk or the area designated for drop off and pick up of guests. We have plenty of parking places and if you wish to be able to view your bike at all times please reserve a room with 2 queen beds so that your room faces the parking lot.

No alcoholic beverages or glass containers permitted in the Exercise area.

<u>CANCELLATION CLAUSE</u> = Guest may cancel rooms up until **6:00PM** day of arrival. *Failure to cancel will result in a full night's charge*.

# REGISTRATION FORM Opioid Addiction and the Family

<u>Please Print Clearly</u>
NAME:
COMPANY:
ADDRESS:
CITY, STATE, ZIP:
PHONE #: CELL PHONE #:
EMAIL:
\$90.00 EARLY BIRD SPECIALPayment must be postmarked by 08/15/16
\$100.00 REGISTRATION - Payment must be postmarked by 09/19/16
Registration Fee entitles a participant to the Continental Breakfast, Lunch, and re- freshments at both the morning and afternoon break.
Payment Method
Check Enclosed Credit Card Information Below
Circle Credit Card Type VISA / MC / DISCOVER
Card #:
Expiration MM/YY: CSV Code: (3 digits on back)
<u>Dietary Restrictions:</u> Please list any allergies / restrictions.

This training is intended to provide 6 CEUs for Social Workers, Marriage and Family Therapists and Licensed Professional Counselors. State Board Approval Pending.

Additional Registration Forms can be downloaded via our website at www.coginc.org